## HOT PINEAPPLE EGGNOG

AT LEFT: a tantalizing refresher for a large group; intriguing flavor. Recipe on page 14. Try the other selected recipes in this section also.

# BANANA MILK FLUFF

(Serves 4)

<sup>2</sup>/<sub>3</sub> cup banana, mashed

Salt

3 tablespoons orange juice3 tablespoons honey or syrup

2 cups milk Whipped cream

1s teaspoon almond extract

Nutmeg

Combine first 6 ingredients, beat well with egg beater. Garnish with cream, sprinkle with nutmeg.

#### CHOCOLATE MINT FLIP

(Serves 6)

1/2 cup cocoa malt

1 teaspoon vanilla

l cup hot milk

14 teaspoon peppermint extract

l cup cold milk l cup vanilla ice cream

14 teaspoon salt

Combine cocoa malt and hot milk; stir until dissolved. Add cold milk, salt, and extracts. Chill. Just before serving pour into shaker, add ice cream, shake until smooth.

## FROSTED PEACH DRINK

(Serves 6)

1 cup sliced peaches 4½ cups milk

14 cup light corn syrup 1 cup vanilla ice cream

Mash the peaches with a fork and add the corn syrup. Add the milk and mix well. Place the ice cream in six glasses and fill with the peach milk.

### GRAPE SHAKE

(6 Servings)

214 cups grape juice

1½ cups evaporated milk

11/2 cups cold water or chipped ice

All ingredients should be cold. Mix milk and water. Add grape juice and shake vigorously. The addition of a teaspoon of lemon juice adds zest to the drink. If sour grape juice is used, add a little sugar.